

MEDICATIONS THAT INTERFERE WITH ALLERGY SKIN TESTING

Antihistamine medication must be stopped 7 days prior to testing. If you are taking ANY of the medications listed, notify the allergy tech **BEFORE** your testing appointment. These include but are limited to: Xyzal, Zyrtec, Claritin, Allegra, and Benadryl.

Beta blocker medications need to be 7 days prior to testing, if possible, with instructions by the prescribing doctor (usually your cardiologist). If you are unable to stop them, please let us know and we can order a blood test instead of a skin test. Blood testing however is not sensitive for environmental allergens.

Other medications on this list have mild antihistamine effects however do **not stop them without your prescribing doctors permission**. In most cases, these other medications (non-antihistamine and non-beta blocker meds) can be continued if necessary (anti-depressive/anti-anxiety med).

Antihistamines (ATH)	
<i>All antihistamines must be stopped for 7 days prior to allergy test</i>	
<i>If you are on a medication not listed, please call the office and speak to the allergy coordinator</i>	
Actifed	Fexofenadine
Aerokids	Histex
Ah Chew	Hismanal
Alavert	Histussin
Aldex	Hydramine
Allegra	Hydroxine
Allegra D	Lodrane
Antihist	Loratidine
Astelin	Kronofed
Astepro	Mecizine
Atarax	Mizollen
Atrohist	Mucinex Allergy
Benadryl	Mydil
Bonine	Naldecon
Bromphed PD	Nalex
Cetirizine	Nisavel
Chrpheniramine	Novahistine
Chlorpromazine	Nyquil
Chlortrimeton	Omnihist
Cetirizine	Optimine
Clarinex	Palgic
Clarinex D	Pediatex
Claritin	Pediox

Clemastine	Periactin
Cyproheptadine	Phenergan
Deconamine	Pheniramine
Dexodryl	Phrlex
Dimetane	Polaramine
Dimetapp	Promethazine
Diphenhydromine	Prorex
Doxylamine	Pyrilamine
Dramamine	Quintadril
Drixoral	Rescon
Duradryl	Rezine
Dutuss	Ridraman
Dymista	Rondec
Endal	Ryntann
Tylenol cold	Seldane
Tylenol PM	Semprex
Unisom	Sudal
Vistaril	Tacaryl
Xyzal	Tavist
Zyrtec	Theraflu Nighttime
Tussionex	Thorazine
Zatiden	Tremaril
Zymine	Triaminic
	Trinalin

Antidepressants/Sedatives/Atypical*(If you are on a medication not listed, please call and speak to the allergy coordinator)*

Ambien	Mirtazapine
Anafranil	Netazadone
Amitriptyline	Norpramin
Amoxampine	Nortriptyline
Ativan	Nurpramin
Aventyl	Oleptro
Bupropion	Pamelor
Clomipramine	Protrptyline
Clonazepam	Quetiapine
Desipramine	Remeron
Desyrel	Serazone
Diazepam	Seroquel
Doxepin	Sinequan
Elavil	Surmontil
Eszopiclone	Tofranil
Klonopin	Trazadone
Imipramine	Trimipramine
Lorazepam	Valium
Ludiomil	Versed
Lunesta	Vivactil
Maprotiline	Wellbutrin
Midazolam	Zolpidem

Beta Blockers including BB Eye Drops	
<i>(If you are on a medication not listed please call and speak with the allergy coordinator)</i>	
AK Beta	Betagan
Betapace	Betoptic
Betaxon	Coreg
Betimol	Corzide
Blocarden	Cosopt
Brevibloc Injection	Inderide
Cartrol	Levator
Corgard	Nadolol
Corzide	Nebivolol
Inderal	Nomodyne (Labetalol)
Kerlone	Occudose
Levator	Ocumeter
Lopressor (Metoprolol)	Ocupress
Optipranol	Sorine
Sectral	Tenormin (Atenolol/HCTZ)
Tenormin (Atenolol)	Tenoretic
Timoptic (Timolol)	Timolide
Toprol	Trandate
Visken	Zebeta
Zlac (Bisoprolol)	
Patients must be weaned by a prescriber MD & must be off 7 days prior to testing	

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Visken	Zebeta
Ziac (Bisoprolol)	
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Reflux Medications	
<i>(If you are on a medication not listed please call and speak with the allergy coordinator)</i>	
Axid	Pepcid
Cimetadine	Ranitadine
Famotadine	Tagamet
Nizatadine	Zantac

Eyedrops	
<i>(If you are on a medication not listed please call and speak with the allergy coordinator)</i>	
Alocril	Pataday
Elestat	Patanase
Livostin	Patanol
Optichrome	Pazeo
Optivar	Zaditor

Muscle Relaxants	
<i>(If you are on a medication not listed please call and speak with the allergy coordinator)</i>	
Amrix	Flexeril
Cyclobenzaprine	Norflex
Fexmid	Orphenadrine

Anti-Anxiety	
<i>(If you are on a medication not listed please call and speak with the allergy coordinator)</i>	
Alprazolam	Temazepam
Clonazepam	Valium
Diazepam	Xanax

These are common antihistamines/decongestants/combinations, beta-blockers, tricyclic antidepressants, sleeping medications, reflux medications. This is NOT a complete list.

Many over-the-counter medications and combination drugs contain antihistamines.

IF YOU ARE UNCERTAIN ABOUT YOUR MEDICATION THAT YOU ARE TAKING – PLEASE CHECK WITH THE ALLERGY COORDINATOR OR YOUR PRESCRIBING DOCTOR.

***Do not stop taking your blood pressure medication or antidepressant without talking to your doctor first.**